

Health New Zealand

Te Whatu Ora

Canterbury Waitaha

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Matt Deavoll – Supervisor

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Tristan Pettit – Prevocational Educational Supervisor

Niamh Berry-Kilgour – PGY2 House Officer

Eddie Ziolo – PGY1 House Officer



Resident Doctors' Support Team



Medical Education & Training Unit
Te Hunga Akoranga Rata

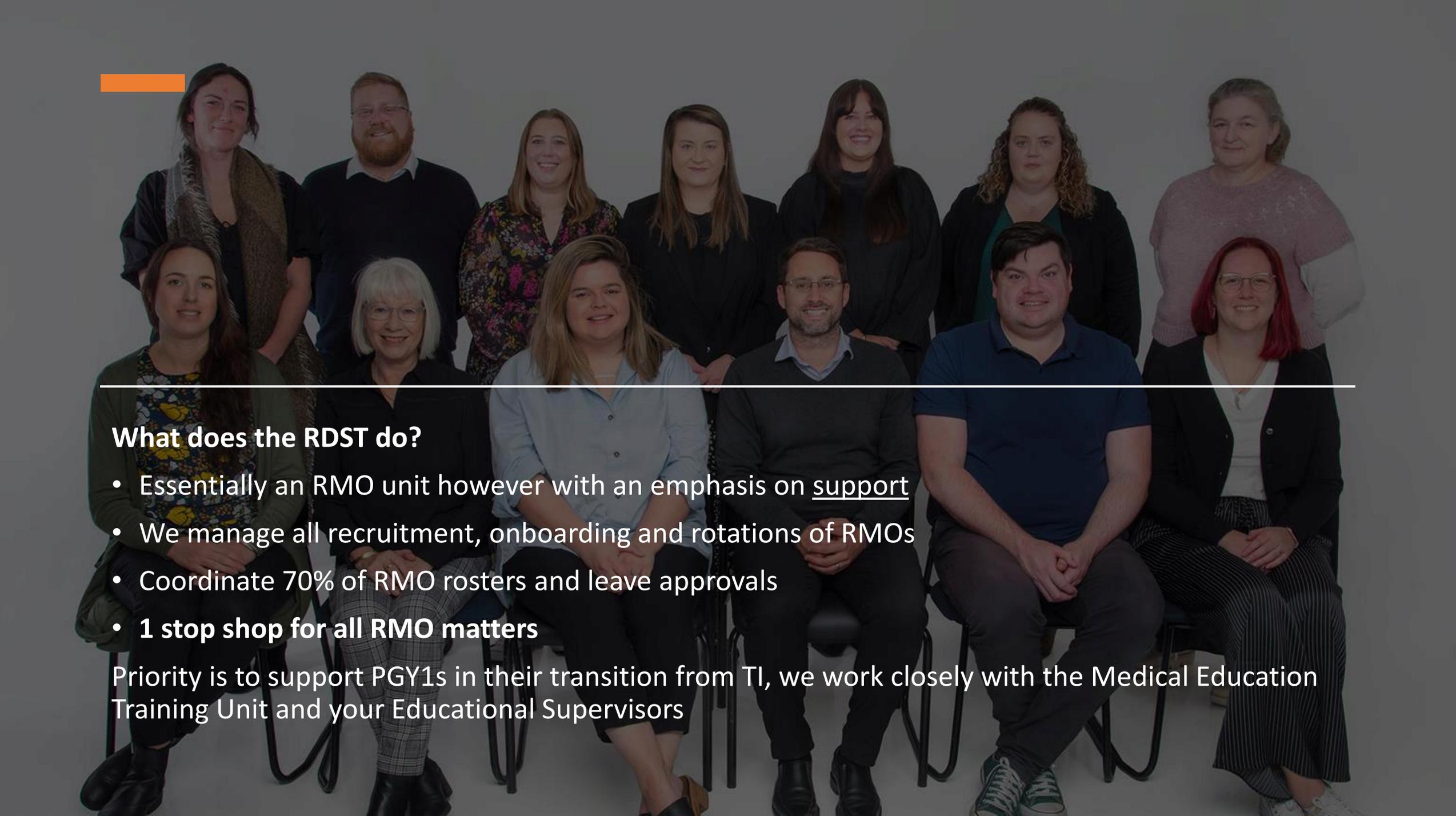




Resident Doctors' Support Team



Resident Doctors' Support Team



What does the RDST do?

- Essentially an RMO unit however with an emphasis on support
- We manage all recruitment, onboarding and rotations of RMOs
- Coordinate 70% of RMO rosters and leave approvals
- **1 stop shop for all RMO matters**

Priority is to support PGY1s in their transition from TI, we work closely with the Medical Education Training Unit and your Educational Supervisors

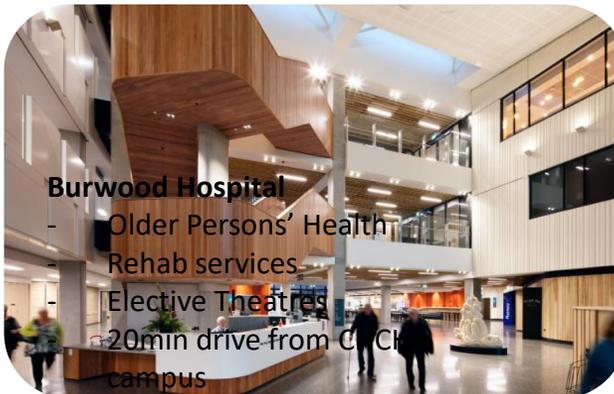
Our Hospitals

Waitaha Canterbury is made up of 18 hospitals and facilities including



Waipapa

- Opened 2020
- ED, ICU, Theatres
- Surgical wards



Burwood Hospital

- Older Persons' Health
- Rehab services
- Elective Theatres
- 20min drive from CHCH campus



Hillmorton Hospital

- Opened in 2023
- Specialist Mental Health Services
- 12min bike from CHCH campus



Christchurch Women's Hospital
Labour ward
Outpatients
NICU



Ashburton Hospital
Rural Hospital
48 beds



Christchurch Outpatients
On CHCH campus

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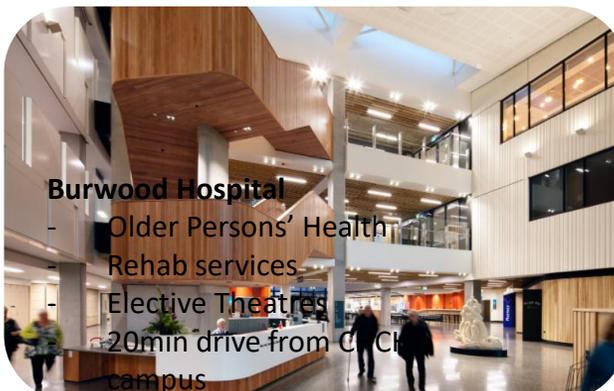
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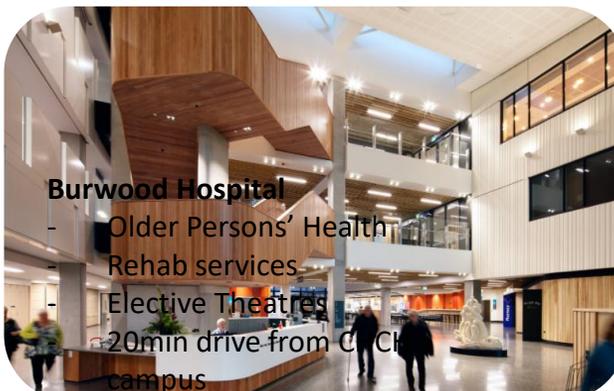
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Women's Hospital

- Birthing Suite
- Outpatients
- NICU



Ashburton Hospital

- Rural Hospital
- 48 beds

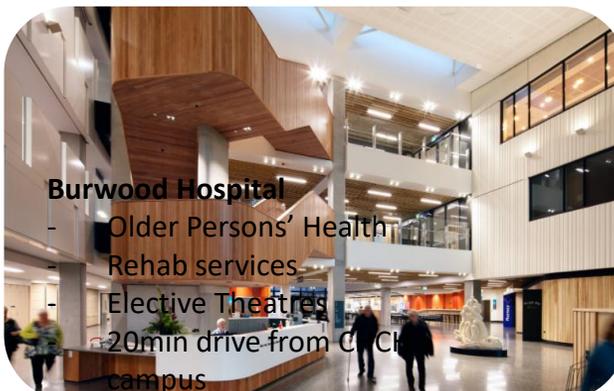


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- On CHCH campus

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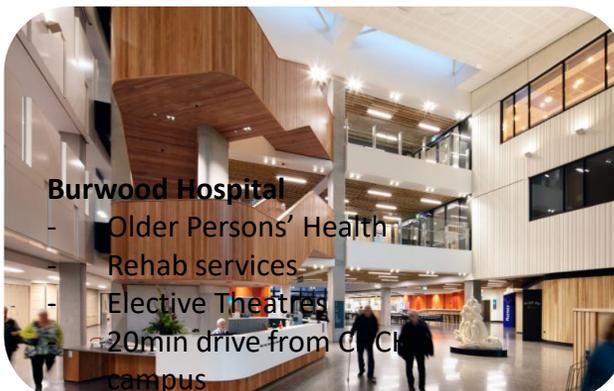


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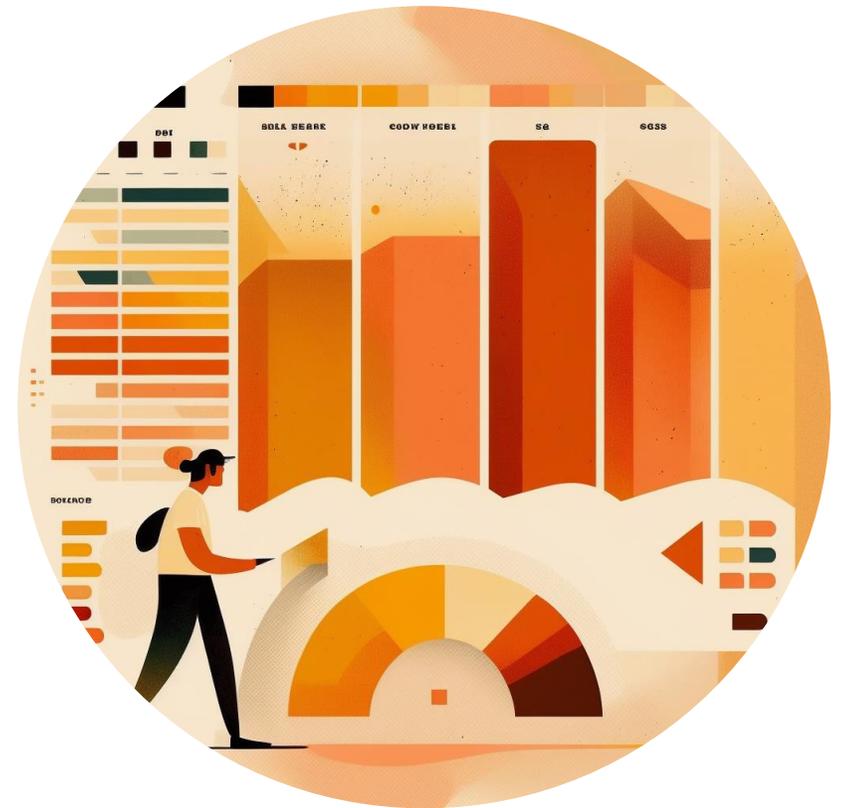




How is my application considered?



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First Year Runs

- Acute Psychiatry
- Acute Stroke Unit
- Cardiology
- Gastroenterology
- General Medicine
- General Surgery
- Neurology
- Neurosurgery
- Older Person's Health
- Oncology
- Orthopaedic Medicine
- Orthopaedic Surgery
- Otolaryngology
- Plastic & Reconstructive Surgery
- Respiratory
- Vascular



Second Year Runs

- Cardiology
- Cardiothoracic Surgery
- Community Based
 - General Practice
 - Psychiatry Specialty Services
 - Older Persons Health
- Haematology
- Nephrology
- Neurosurgery
- Ophthalmology
- Orthopaedic outpatients
- Perioperative Medicine
- Rehabilitative Medicine
- Relief positions based in medical or surgical services
- Rural Hospital (Ashburton & West Coast)
- Urology
- Vascular

In addition to the above positions there are also some 6 month positions:

- Paediatrics
- Obstetrics & Gynaecology
- Emergency Medicine
- Orthopaedic Acute Care/Outpatients
- Psychiatry – Crisis Resolution

First Year House Officer Run Block Example

PGY1 (Draft – subject to change)

PGY2 (Draft – subject to change)

A	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>GENERAL SURGERY</u> CHRISTCHURCH	<u>CARDIOLOGY</u> CHRISTCHURCH	<u>OLDER PERSONS HEALTH</u> BURWOOD	<u>CRISIS RESOLUTION</u> HILLMORTIN	<u>SURG/ ORTHO ROSTER COVER</u> CHRISTCHURCH	
B	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>RESPIRATORY MEDICINE</u> CHRISTCHURCH	<u>ORTHOAEDICS</u> CHRISTCHURCH	<u>OLDER PERSONS HEALTH</u> BURWOOD	<u>PSYCH - C WARD/KENNEDY</u> HILLMORTON	<u>GENERAL SURGERY RELIEF</u> CHRISTCHURCH	<u>COMMUNITY/ GP</u> COMMUNITY
C	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>GENERAL SURGERY</u> CHRISTCHURCH	<u>GASTROENTOROLGY</u> CHRISTCHURCH	<u>PLASTIC SURGERY</u> CHRISTCHURCH	<u>OLDER PERSONS HEALTH</u> BURWOOD	<u>ASHBURTON</u> ASHBURTON	
D	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>ORTHOAEDICS</u> CHRISTCHURCH	<u>RESPIRATORY MEDICINE</u> CHRISTCHURCH	<u>ACUTE PSYCHIATRY</u> HILLMORTON	<u>GENERAL SURGERY – SARA</u> CHRISTCHURCH	<u>OPH COMMUNITY</u> BURWOOD/COMMUNITY	
E	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>CARDIOLOGY</u> CHRISTCHURCH	<u>GENERAL SURGERY</u> CHRISTCHURCH	<u>ACUTE PSYCHIATRY</u> HILLMORTON	<u>ORTHO/ PLASTICS RELIEF</u> CHRISTCHURCH	<u>ASHBURTON</u> ASHBURTON	
F	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>ORTHOAEDICS</u> CHRISTCHURCH	<u>OLDER PERSONS HEALTH</u> BURWOOD	<u>OTOLARYNGOLOGY</u> CHRISTCHURCH	<u>CRISIS RESOLUTION</u> HILLMORTON	<u>OLDER PERSONS RELIEF</u> BURWOOD	
G	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>GENERAL SURGERY</u> CHRISTCHURCH	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>CARDIOLOGY</u> CHRISTCHURCH	<u>OLDER PERSONS HEALTH</u> BURWOOD	<u>ORTHO/ PLASTICS RELIEF</u> CHRISTCHURCH	<u>COMMUNITY/ GP</u> COMMUNITY
H	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>CLINICAL ONCOLOGY</u> CHRISTCHURCH	<u>GENERAL SURGERY</u> CHRISTCHURCH	<u>ACUTE PSYCHIATRY</u> HILLMORTON	<u>ORTHO/ PLASTICS RELIEF</u> CHRISTCHURCH	<u>COMMUNITY/GP</u> COMMUNITY	
I	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>GENERAL SURGERY</u> CHRISTCHURCH	<u>NEUROLOGY</u> CHRISTCHURCH	<u>OTOLARYNGOLOGY</u> CHRISTCHURCH	<u>PSYCHIATRY - ROSTER COVER</u> HILLMORTON	<u>ASHBURTON</u> ASHBURTON	
J	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>CARDIOLOGY</u> CHRISTCHURCH	<u>ORTHOAEDICS</u> CHRISTCHURCH	<u>OLDER PERSONS HEALTH</u> BURWOOD	<u>CRISIS RESOLUTION</u> HILLMORTON	<u>GENERAL SURGERY RELIEF</u> CHRISTCHURCH	
K	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>PLASTIC SURGERY</u> CHRISTCHURCH	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>ORTHOAEDICS</u> CHRISTCHURCH	<u>PSYCH - C WARD/KENNEDY</u> HILLMORTON	<u>WEST COAST GP/PAEDS</u> GREY HOSPITAL	
L	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>GENERAL SURGERY</u> CHRISTCHURCH	<u>OLDER PERSONS HEALTH</u> BURWOOD	<u>ACUTE PSYCHIATRY</u> HILLMORTON	<u>GENERAL SURGERY – SWING</u> CHRISTCHURCH	<u>COMMUNITY/GP</u> COMMUNITY	
M	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>GENERAL SURGERY</u> CHRISTCHURCH	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>CLINICAL ONCOLOGY</u> CHRISTCHURCH	<u>CRISIS RESOLUTION</u> HILLMORTON	<u>ORTHO - PAEDS/SPINE</u> CHRISTCHURCH	

Run Block Example

Block A

PGY1	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>GENERAL SURGERY</u> CHRISTCHURCH	<u>CARDIOLOGY</u> CHRISTCHURCH	<u>OLDER PERSONS HEALTH</u> BURWOOD
PGY2	<u>CRISIS RESOLUTION</u> HILLMORTON	<u>SURG/ ORTHO ROSTER COVER</u> CHRISTCHURCH		

Block K

PGY1	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>PLASTIC SURGERY</u> CHRISTCHURCH	<u>GENERAL MEDICINE</u> CHRISTCHURCH	<u>ORTHOPAEDICS</u> BURWOOD
PGY2	<u>PSYCH – C WARD/ KENNEDY</u> HILLMORTON	<u>WEST COAST GP/ PEADS</u> GREY HOSPITAL		





Medical Education & Training Unit Te Hunga Akoranga Rata



We are responsible for the overall education and clinical training for all RMOs not in a vocational training programme. We ensure that junior medical staff receive the training and supervision that is needed to meet the requirements set by the MCNZ.

We seek to identify, develop and implement best practise in medical education and training initiatives.

Supervision

- Educational Supervisors
 - METU appointed PES that stay with you for your first 2 years.
- Clinical Supervisors
 - Service appointed supervisor that you will meet with several times during your run.



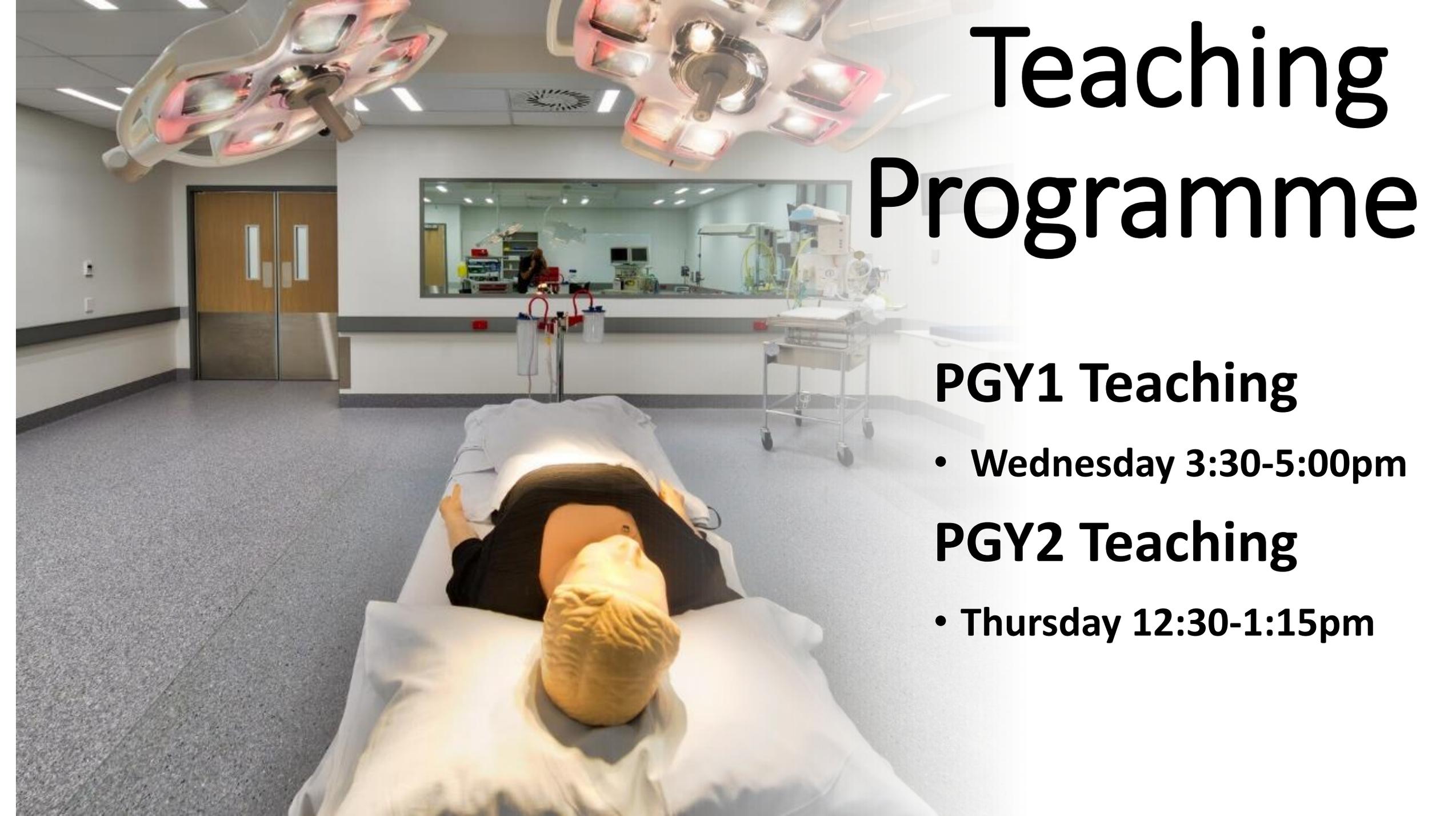
Pre- Vocational Education Supervisor

Support new doctor's with their ongoing education, professional development and pastoral care as needed.

PGY1 Hos will have a PES appointed by METU

The same PES remains with you through your PGY1 and PGY2 year

Expectation to meet with your PES once you start then at the end of each run.

A photograph of an operating room. In the foreground, a medical mannequin is lying on a table, covered with a white sheet. The room is brightly lit by large, multi-lamp surgical lights hanging from the ceiling. In the background, there is a glass-walled area containing medical equipment and a person. A door is visible on the left side of the room.

Teaching Programme

PGY1 Teaching

- **Wednesday 3:30-5:00pm**

PGY2 Teaching

- **Thursday 12:30-1:15pm**



Scenario training

- 20 min Rapid Fire
- Sick and Deteriorating Pt
- Site specific IP scenarios at Burwood and Hillmorton Hospitals at the commencement of each run
- Haoura Maori following the Meihana Model in collaboration with MIHI



Practical Skill Sessions

- Nasogastric tube placement – IP approach
- Suturing and knot tying
- Airway management
- USS guided IV placement
- LP
- Ophthalmology





Workshops
Pharmacy
Conflict management
Serious Illness Conversation
Guide (SICG)

***Inter professional and
multi-disciplinary focused teaching.**

Clinical Orientation

- 12th-16th January, 2026
- Computer application programmes
- CTCs and Handovers
- Pharmacy Workshop
- HO survival guide
- Discharge summaries
- Day in service
- EXPO





METU

Check Mate

Mentor Scheme

- Friendly face to ask questions
- Non-judgmental
- Visible and available around hospital
- Mentors are volunteer RMOs who are PGY2 and above

Additional Supports and Rewards

- RMO of the month
- RMO training committee
- End of run evaluations
- Vocational Pathways Evening
- Sponsored running event
- Weekly newsletter



PGY1 House Officer Representative: Eddie Ziolo

PGY2 House Officer Representative: Niamh Berry-Kilgour

A day in the life of a House Officer working within Waitaha Canterbury

- Working at Waitaha Canterbury
- Rosters
- Training, Teaching and Support
- Clinical Team Coordinators (CTC)



Otautahi - THE CITY

- Port Hills - Mountain biking, trail running, views!
- Sumner beach - Surfing, swimming, cafes
- Restaurants/cafes
- Night life
- Mt Hutt + Clubbies - diverse skiing, all one hour drive
- Pool/gym complex under construction - across the road!
- Cheap rent



The Hospital – Waitaha Canterbury

- Newly built tower ‘Waipapa’
- Numerous specialties: learning & training
- Ashburton/West coast: rural opportunities
- Cortex
- Medchart



Resident Doctor Support Team (RDST)

Rosters

- 17 PGY1 runs available
- No nights for first 6 months (unless Gen Med 1st)
- Approx. 1 in 7 weekends



Clinical Team Coordinators (CTCs)

- Support and assist the co-ordination of the weekend/evening/night shift House Officers' clinical workload
- Every job from the nursing staff goes through the medical and surgical CTC



Training, Teaching and Support

- METU
- Protected teaching time & simulations
- Large hospital - good support available



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We hope to see you next year!



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